

THE DIGGER

ISSUE NO. 47 NOVEMBER 4 - DECEMBER 2, 1975 60 CENTS

breast cancer

Page 14-16



including: how to
diagnose yourself

A WALLPOSTER GUIDE *Truth*
TO THE THE NEWS
MURDOCH PRESS *Sunday Mail*
OCTOPUS *Daily Mirror*

Editor: Peter **THE AUSTRALIAN**

WHY FRASER BLEW IT

2
revive
We



Photo: G. Jones

Breast Self-Examination

Read our guide to doing it!

Even the best of intentions can be thwarted if you don't know what you're doing. So here's a guide to doing it right.

— **Know your breasts.** (Many women find it helpful to know the feel of their breasts when they're healthy so they can detect any changes.)

— **Observe changes in the size or shape of a breast.**

— **Look for any changes in the color of the skin.**

— **Check for any changes in the shape of the breast.**

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1. Look at your breasts in a mirror. (You can also look at them from the side.)



2. Examine your breasts from the side. (You can also look at them from the front.)



3. Examine your breasts from the side. (You can also look at them from the front.)



4. Examine your breasts from the side. (You can also look at them from the front.)



5. Examine your breasts from the side. (You can also look at them from the front.)



6. Examine your breasts from the side. (You can also look at them from the front.)

Poems from Pentridge and Yatala

The poems and drawings this page are from the British poet and dramatist Pentridge and the Australian poet and playwright Yatala. The three essays are poems by Pentridge and the others are drawings from a magazine produced by the United Nations Committee on the Rights of the Child. The drawings are from the United Nations Committee on the Rights of the Child, 1988.

Me

Be very happy my life today
without food
I hope and jump
the more with money starts my self
I want food today I can't find
so the other side of my great big wall
people can't easily feeling a wall
the wall I've been down myself behind
things were better to be going after
only they was not just falling down
now, I feel it's not like that!

Bob Pentridge

Remember Your Principles

when it's too good to
still be good
to get a better one
because he had good
so that the good
can become to see
the principle of the thing

when it's too good to
get a better one
to get a better one
because he had good
so that the good
can become to see
the principle of the thing

when it's too good to
get a better one
because he had good
so that the good
can become to see
the principle of the thing

when it's too good to
get a better one
to get a better one
because he had good
so that the good
can become to see
the principle of the thing

an underclass man, I want
when it's too good to
get a better one
because he had good
so that the good
can become to see
the principle of the thing
and I want to see
the principle of the thing
and I want to see
the principle of the thing
and I want to see
the principle of the thing

Robert Pentridge

Bonnie Gutter

They look a very much better
They look a very much better
They look a very much better
They look a very much better

It's not so long I play it hard
Like a champion the way
But then it's not I play today
Oh, I play today

It's not so long I play it hard
Like a champion the way
But then it's not I play today
Oh, I play today

And



© 1988 by the artist

Recapture

Empty hands empty space
Empty hands empty space
Empty hands empty space
Empty hands empty space

And

"the creek"

I want a place to a hill
where the population is small
I want a place to a hill
where the population is small
I want a place to a hill
where the population is small
I want a place to a hill
where the population is small
I want a place to a hill
where the population is small
I want a place to a hill
where the population is small

—Bobby

H-Overseas

Today we have not
Glad to see you back
We feel a great future
Members of the law in Britain.

In appearance
Paying my share
Wanted to see
But that is not the point
This is what you have
I want to see you share
I want to see you share

Here is what they
We want to see
The best of the best of the best
But they are not
I want to see you share
I want to see you share

What are you?
I want to see
I want to see
I want to see
I want to see
I want to see

Everything will be changed
But it's not so easy to get
I want to see you share
I want to see you share

And

Destroying What You Refuse To Believe

Come and see the changes!
They are
Come and see the changes!
They are
Come and see the changes!
They are

Come and see the changes!
They are
Come and see the changes!
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Come and see the changes!
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They are
Come and see the changes!
They are

Robert Pentridge

DALY'S LARF



The really young man in the drawing is a future world leader. He's going to be the first to have invented the "universal" pillow, which will enable anyone to sleep in the "universal" position. This way, they won't have to sleep on their backs or their sides or the "universal" position. He's going to be the first to have invented the "universal" pillow, which will enable anyone to sleep in the "universal" position. This way, they won't have to sleep on their backs or their sides or the "universal" position.



He is taking advantage of people who are doing one of two things:

- (a) Making better her husband's "universal" pillow, which will enable anyone to sleep in the "universal" position. This way, they won't have to sleep on their backs or their sides or the "universal" position.
- (b) She is trying out her new "universal" pillow, which will enable anyone to sleep in the "universal" position. This way, they won't have to sleep on their backs or their sides or the "universal" position.



The man in the drawing is a future world leader. He's going to be the first to have invented the "universal" pillow, which will enable anyone to sleep in the "universal" position. This way, they won't have to sleep on their backs or their sides or the "universal" position.

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